

Prayer of St Francis of Assisi

Lord make us instruments of Thy peace,
Where there is hatred, let us sow love;
Where there is injury, pardon;
Where there is despair, hope;
Where there is darkness, light;
Where there is sadness, joy.
O Divine Master, grant that we may never seek
So much to be consoled as to console;
To be understood as to understand;
To be loved as to love;
For it is in giving that we receive:
It is in pardoning that we are pardoned,
And it is in dying,
That we are born to eternal life. Amen.

Saint Francis of Assisi (1181 - 1226)

Roman Catholic Friar and patron saint of animals, birds and the environment